



BEHAVIOUR EVALUATION ADHD RATING SCALE C AND D

Friend or family member assessment

Here follow two rating scales which need to be filled out by a family member or friend. It is important that it is the same individual as you named on the agreement form. It is your responsibility to contact said family member or friend to get the lists filled out and returned to the health care clinic.

It is important to try as you might to get the rating scales filled out.

The evaluation needs to be made by someone close to you who knows you well both now (last six months) and during childhood (age 5-12 years). Sometimes the two rating scales need to be made by different individuals, one to evaluate behaviour during childhood (rating scale C) and another to evaluate your behaviour over the last 6 months (rating scale D). It is important to clearly state which individual filled out which form. If you don't have close family members or friends to give evaluation then that needs to be stated clearly in the application.

Rating scales were filled out by:

Name¹: _____

Relation: _____ Tel: _____

Name²: _____

Relation: _____ Tel: _____



Behaviour rating scale for adults C

Behaviour evaluation during childhood by someone close to you

Draw a circle around the number which best describes his/her behaviour as it was at the age of 5-12 years old.

		Never or rarely	Sometimes	Often	Very often
1.	Failed to give close attention to details or made careless mistakes in schoolwork or other activities..	0	1	2	3
2.	Fidgeted with hands or feet or squirmed in seat	0	1	2	3
3.	Had difficulty sustaining attention in tasks or fun activities.	0	1	2	3
4.	Left seat in classrooms or in other situations in which remaining seated was expected.	0	1	2	3
5.	Didn't listen when spoken to directly.	0	1	2	3
6.	Shifted around excessively or felt restless or hemmed in.	0	1	2	3
7.	Didn't follow through on instructions and failed to finish work or chores.	0	1	2	3
8.	Had difficulty engaging in leisure activities quietly (felt uncomfortable, or was loud or noisy).	0	1	2	3
9.	Had difficulty organizing tasks and activities..	0	1	2	3
10.	Was „on the go“ or acted as if driven by a motor.	0	1	2	3
11.	Avoided, disliked, or was reluctant to engage in tasks that required sustained mental effort.	0	1	2	3
12.	Talked excessively(in social situations).	0	1	2	3
13.	Lost things necessary for tasks or activities.	0	1	2	3
14.	Blurted out answers before questions had been completed, completed others' sentences, or jumped the gun.	0	1	2	3
15.	Was easily distracted by extraneous stimuli or irrelevant thoughts.	0	1	2	3
16.	Had difficulty awaiting ones turn.	0	1	2	3
17.	Was forgetful in daily activities.	0	1	2	3
18.	Interrupted or intruded on others (buted into conversations or activities without permission or took over what others were doing.	0	1	2	3



Behaviour rating scale for adults D

Evaluation of behaviour now by someone close to you

Draw a circle around the number which best describes his/her behaviour as it has been for the last 6 months.

		Never or rarely	Sometimes	Often	Very often
1.	Fails to give close attention to details or makes careless mistakes in work or other activities.	0	1	2	3
2.	Fidgets with one's hands or feet or squirms in one's seat	0	1	2	3
3.	Difficulty sustaining one's attention in tasks or fun activities.	0	1	2	3
4.	Leave one's seat in classrooms or in other situations in which remaining seated was expected.	0	1	2	3
5.	Doesn't listen when spoken to directly	0	1	2	3
6.	Shifts around excessively or feel restless or hemmed in.	0	1	2	3
7.	Doesn't follow through on instructions and fails to finish work or chores.	0	1	2	3
8.	Has difficulty engaging in leisure activities quietly (feels uncomfortable, or is loud or noisy).	0	1	2	3
9.	Has difficulty organizing tasks and activities.	0	1	2	3
10.	Is „on the go“ or acts as if driven by a motor.	0	1	2	3
11.	Avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort.	0	1	2	3
12.	Talks excessively(in social situations).	0	1	2	3
13.	Loses things necessary for tasks or activities.	0	1	2	3
14.	Blurts out answers before questions have been completed, completes others' sentences, or jumps the gun.	0	1	2	3
15.	Is easily distracted by extraneous stimuli or irrelevant thoughts.	0	1	2	3
16.	Has difficulty awaiting one's turn.	0	1	2	3
17.	Is forgetful in daily activities.	0	1	2	3
18.	Interrupts or intrudes on others (butted into conversations or activities without permission or takes over what others are doing.	0	1	2	3